



Parrot Education & Adoption Center™

BEAK TO TAIL

Issue 67

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Increasing Foraging Behavior with Pelleted Food

By Jenna Tyger

As generally accepted by avian veterinarians and other experts, pelleted diets offer the greatest nutritional benefits for captive parrots of all shapes and sizes, along with supplemental fresh foods and some seeds and nuts. However, foraging - the act of searching for and gathering food - is also an important behavior of wild parrots that isn't always possible for captive parrots. This leaves captive parrots with several waking hours to acquire bad habits due to boredom.

A study by Jessica Rozek, Lindsey Danner, Paul Stucky, and James Millam argues that feeding a diet of regular-sized pellets can reduce foraging time since they can be eaten and metabolized quickly by larger parrots.¹

After studying Orange-winged Amazons first on a diet of regular pellets and then a diet of over-sized pellets, Rozek et al. concluded:

Food forms that provide the opportunity to manipulate with beak and foot (podo-mandibulation) may meet a native appetite separate from nutrient content. Providing such food forms (or surrogate enrichment devices) promotes more naturalistic foraging behavior by captive parrots and may enhance welfare.

They also concluded that the parrots eating over-sized pellets foraged for 25 percent of their time as opposed to 5 percent when eating the regular pellets. The extra foraging time was due to the birds' use of their beaks and feet to eat the pellets. Since the pellets were larger than normal, they had to bite off pieces of each pellet to eat it. Additionally, larger pellets are easier to manipulate for people too, and are therefore easier to stuff into foraging toys and similar devices.

Conclusions for this study were based on only Orange-winged Amazons but suggest that many other species of parrots (especially larger varieties) may benefit and even prefer a larger-sized pellet. What does this mean for parrot keepers? Larger pellets are one option to try for parrots that have not been fed a pelleted diet in the past and are not interested in regular-sized pellets or have developed undesirable habits, like feather-picking, due to boredom.

In "How to Choose a Pelleted Diet for a Bird," Peggy Deland offers that "tiny pellets sold for budgies and finches have the exact same ingredients and nutrition as large pellets sold for cockatoos and macaws, assuming they are of the same brand and variety," unless the package notes that the formulation is for a certain species.² It is always necessary to read the ingredients or consult with an avian veterinarian, but if the ingredients are the same for all sizes of the pellet, it might be a good idea to try a larger size for a picky or bored bird.

One downside to using a larger pellet is that more food may be wasted since the bird will have to hold the pellet, as opposed to eating it straight from the bowl. However, if the bird seems to prefer the larger size and the keeper does not mind the potential extra money spent on food and time cleaning, the larger pellet may be the way to go.

Foraging and its relation to pelleted parrot diets is a topic that has not been studied in-depth at this time, but the Rozek et al. study came to an interesting and helpful conclusion for those who keep parrots: Trying out different sized pellets for parrots may be one way to persuade them to eat pellets and have the most nutritious diet possible in order to live a long, healthy life.

See page 13 for pictures of foraging toys made with large-sized pellets.

1. Rozek, Jessica C., Lindsey M. Danner, Paul A. Stucky, and James R. Millam. 2010. "Over-sized pellets naturalize foraging time of captive Orange-winged Amazon parrots (*Amazona amazonica*)." *Applied Animal Behaviour Science* 125, no. 1/2: 80-87. Academic Search Premier, EBSCOhost.

2. Peggy Deland, "How to Choose a Pelleted Diet for a Bird," eHow, http://www.ehow.com/how_4451184_choose-pelleted-diet-bird.html.

Letter from the Executive Director

Dear PEAC Members,

We are shocked and deeply saddened by Liz Wilson's passing on April 13, 2013. As you know, Liz was an icon in the companion parrot world for several decades. She was one of the first individuals to specialize in behavior management and training for our psittacine friends beginning nearly 25 years ago. Liz founded the Association of Parrot Behavior Professionals in 2001, later transitioning the group to the newly formed Parrot Division of the International Association of Animal Behavior Consultants. Liz has also been an active advocate of education for parrot owners for many years, serving on the board of Phoenix Landing and a longstanding member of Adoption Committees for PEAC Chapters in both San Diego and Anchorage, AK. Liz spoke at several of our annual conferences over the years – sharing her knowledge with large numbers of parrot lovers. I feel privileged to have met Liz through PEAC, our own birds and those we foster continue to benefit from her wisdom and shared experience. We miss you Liz.

And so we continue our mission, and a shared passion with Liz Wilson, to provide education and current knowledge to benefit companion parrots everywhere. We recently attended America's Family Pet Expo in Costa Mesa, CA. Thanks to PEAC volunteers April Adcock, Gail Bradford, Russ Ewing, Jeff Greer, Teri Irvin, Eric Kern, Jeanine Lyons, Judy Michaels, Rene Pina, Adonis Reece, and Suzette Valdez our booth was extremely successful in spreading the word of best practice in companion parrot care!

Our foster flock continues to grow thanks to our expanding foster network; please check out pages 4 and 5 for who is currently available for adoption.

Wishing you all a safe and healthy summer with your flock, family and friends.

Best Regards,
Barbara Crouse
Director, PEAC San Diego

WHAT WE ARE

Parrot Education & Adoption Center is a 501(c)3 nonprofit volunteer organization dedicated to educating its members and current and potential bird owners about the proper care of pet birds. Unwanted or found parrots are accepted at PEAC and in turn are adopted to qualified applicants.

Sharing current information and correcting misconceptions about parrots are the major aims of PEAC. Our goal is to keep abreast of the latest developments in the world of aviculture and share them with you, our members.

PEAC was founded in 1996 by Bonnie Kenk, who served as the Executive Director for our first 12 years.

CONTACT US

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**PEAC
Policies and Procedures**

1. PEAC does not purchase birds, even to remove them from bad situations.
2. PEAC will accept birds donated to our organization.
3. PEAC does not breed birds or place any birds into breeding situations.
4. PEAC does not adopt birds to children.
5. Potential adopters of small birds are required to attend our "Avian Basic Care" seminar.
6. Potential adopters of medium to large birds are required to attend at least the following three seminars: "Avian Basic Care," "Parrot Personalities," and "Behavioral Problems."
7. Potential adopters will receive a copy of our adoption application after attending the required seminars.
8. All potential adopters will receive a home visit performed by one of our volunteers before being approved for adoption.
9. Approved adoption applications will be placed on a waiting list if a bird is not currently in our system that would be a good match for the approved adopter.
10. Only one parrot acquisition/adoption per home or PEAC membership is allowed in an 18-month time period.
11. Adopters are required to pay an adoption fee and reimburse PEAC for veterinary fees the bird may have incurred.
12. Adopted birds are to remain in the home and be treated as a member of the family.
13. Adopted birds may not be sold, given away, bred, or used for any type of monetary purposes.
14. After attending the mandatory seminars, those wishing to adopt a first-time large bird, such as an Amazon, African Grey, Cockatoo, or Macaw, will be required to spend hands-on time with the species of their choice under supervision of one of our volunteers before being approved.
15. As a general rule, we will not place a Cockatoo, Macaw, or other noisy bird in an apartment or condominium.
16. PEAC will not adopt birds as companions to other birds.
17. PEAC does not place birds into aviary situations.
18. Birds must remain in a 100% smoke-free environment.

Available for Adoption in San Diego/ Southern California

Call (619) 287-8200 or email adoption@peac.org to find out more



Roz is a 30-year-old female Blue-fronted Amazon who came into our program when her first owner passed away. Although slow to warm up to new people in her life, she enjoys head scratches from those she trusts, plays actively with her toys, and gets along well with other birds. Unlike many Blue-fronts, she does not talk, although communicates her needs in other ways; she is very quiet overall.



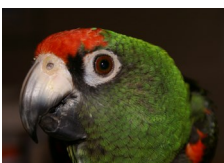
Popeye is a 31-year-old DNA-sexed male Double-yellow head Amazon. He is extremely new to our program so we're currently evaluating his personality. So far he's pretty laid back, will step up politely when given a choice, and gives kisses to his foster volunteer. We're working on getting him onto a healthier diet which will help him shed some excess weight. His feather condition is excellent.



Honey is a 16-year-old Umbrella Cockatoo. She is a very sweet girl, as her name implies.



Barb is a female Red-bellied Parrot who will have you laughing hysterically with her antics. She steps up reliably for almost everyone and frequently has to have her toes peeled off your fingers! She will make a lucky family a wonderful all around companion.



Jordie is a 15+ yr old male Jardine's Parrot who has returned to sunny Southern California. He is a very animated character although not typically overly loud, and has a sweet disposition. He does need a home without human children. He needs lots of fun, destructible/shreddable toys to promote productive behavior versus overpreening.

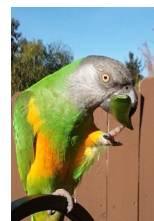
If you're interested in adopting any of the birds listed here, you must attend the three seminars required for adoption and complete an application for approval. You must also show proof that you have an adequate cage and are acquainted with an avian veterinarian before taking your bird home. Adopted birds may not be bred, sold, given away or used for any type of monetary purposes! A minimal adoption fee is required, as is reimbursement for any vet fees that the bird you are adopting has incurred. For more information on adopting a PEAC bird, visit http://peac.org/?page_id=40.



Racket is a male Mitred Conure found and turned in to PEAC via Dept of Animal Services. This little bird will delight you with his comical and engaging personality. Like many conures, he is rather vocal and will benefit from positive reinforcement of the whistling and babbling vocalizations he makes.



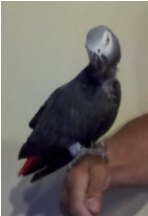
Kiki is a well-socialized male Moluccan cockatoo; he loves to spend time with people and so far is stepping up reliably for everyone he's encountered. He'll make a wonderful companion for someone with cockatoo experience. **Adoption Pending!**



Kito is an adorable female Senegal without behavioral issues. She loves to dance, swing and hang out with her foster family, stepping up readily for everyone. She enjoys her bird pellets and a variety of vegetables and healthy table foods. Her feather condition was good when she came into our program and now she glows with the benefit of balanced nutrition.

Available for Adoption in San Diego/ Southern California

Call (619) 287-8200 or email adoption@peac.org to find out more



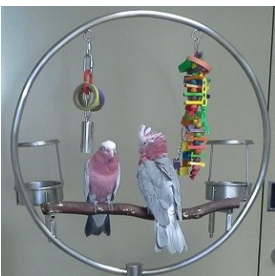
Morris is a 37-year-old Congo African Grey whose elderly owner could no longer care for him, or Lolita (Yellow-naped Amazon). He has been on a seed diet and is being treated for Vitamin A deficiency; we anticipate his feather condition will improve as he is showing great interest in a variety of healthy foods and is already accepting pellets.



Frances is a 16-year-old male Moluccan Cockatoo. He is very new to our program and is just settling in to his foster home, so we are presently evaluating his personality. He appears very interested in human interaction although is hesitant about stepping up just yet. Please check back for updates as we get to know Frances better.



Lolita is a 25-year-old Yellow-naped Amazon whose elderly owner of 25 years was no longer able to care for her and Morris (Congo Grey). Lolita sings and talks, and although she has received little handling recently due to owner's declining health, she has been stepping up for her foster person since the day she entered our program. Lolita's diet now includes a variety of vegetables and other high Vitamin A foods, plus pellets, so we expect her feather condition to improve dramatically.



Star and Peek-a-Boo are young male Galahs/Rose-breasted Cockatoos who are bonded best buddies. They are both hand tame and step up nicely even for strangers. They both enjoy exploring their environment, playing with toys, and eat a well-balanced diet. Star and Peek-a-Boo should remain together, so need a home

ready to provide permanent loving care to this beautiful pair.



Rosie is a female Moluccan Cockatoo who is exceptionally sweet natured; she loves attention from the people in her life. She will need a cockatoo savvy person to keep her busy with productive behaviors in her new home.



Ralphie is a gorgeous male Red-lored Amazon. He was turned in to PEAC from an LA area animal shelter after sustaining a broken leg. His leg has fully healed and he climbs and plays completely normally. Ralphie gets along well with other birds

and now actively seeks human attention from his foster family. He has learned to whistle and talk for attention, and has adapted exceptionally well to life as a companion parrot.



Noah is a male Double-yellow headed Amazon who was found and turned in to PEAC. He enjoys the company of other birds and is also interested in human interaction. He came in a TINY cage and is learning to balance and perch on more suitable

surfaces quite quickly.



Samantha, an 18-year-old female Double-yellow head Amazon, was confiscated by Animal Control in Anchorage from a cruelty/neglect situation. While she loves ambient attention, she does not like to be touched. She has a sweet disposition, a melodic voice, and is in perfect feather.

She needs a family who can love and appreciate her and make sure she gets the showers that she loves!

*Congratulations to Petie and Bert on their
new homes!*



AWW, C'MON....HELP WANTED!

Want to help PEAC and play a more active part?

Foster homes are always deeply appreciated; however, there are many other ways to help! If you have ideas for marketing, would like to help with putting on seminars or organizing other events to promote PEAC, have an interest in fundraising and/or grant writing, we want to hear from you! Please call 619-287-8200 or e-mail parroted@peac.org. If you have other ideas – we want to hear about those too!

While fostering is not everyone's cup of tea, it truly is amazing to watch a bird's personality unfold as they acclimate to a new environment and gain trust in their foster family. While birds are frequently described by relinquishing owners as having a particular behavioral problem, it is uncommon for this unwanted behavior to surface in a new environment, particularly when positive reinforcement is provided for more desirable behaviors, and an enriched environment is offered.

PEAC provides each foster home with a cage appropriate for the bird, a travel carrier, usually a play stand, TOPS organic pellets, toys with replacements as requested, and additional support as needed. You supply fresh foods and a whole lot of love. All birds come in to foster care only after completing a comprehensive exam with one of our avian veterinarians.

How wonderful is it to possibly save a life?

Call 619-287-8200 or e-mail parroted@peac.org

THANK YOU FOR YOUR GENEROUS DONATIONS TO THE BIRDS OF PEAC IN SOUTHERN CALIFORNIA:

TOPS (Totally Organic Pellets)

SaraLynn Mandel

Geneva Potepan

Mike and Alicia Robinson

Beverly Berkowitz

Aimee Goldsberry

Dawn Camacho

Lauren Davis

Jungle Toys

Nancy Anderson

Russ Ewing

Welcome to our newest volunteers - Russ Ewing, Gail Bradford, Eric Kern,
Adonis Reece, Dory Thompson and Carrie Mix!

PEAC San Diego thanks the following Avian Board-certified veterinarians, who have generously agreed to provide discounts on veterinary care for our program birds:

Dr. Jeffrey Jenkins, San Diego 619.260.1412

Dr. Brian Loudis, Encinitas 760.634.2022

Dr. Todd Cecil, La Mesa 619.462.4800

Jeffery R. Jenkins, DVM
Diplomate
ABVP-Avian Practice



Specialist in Avian Medicine

AVIAN & EXOTIC ANIMAL HOSPITAL
Practice limited to birds & exotic animals
"Extraordinary care for extraordinary animals"

2317 Hotel Circle South, Suite C, San Diego, CA 92108
619 260-1412 619 260-1499 fax

Dr. Cecil provides a 50% discount on non-emergency services to our foster birds and 20% on emergency/after hour care as well as a 15% discount on avian services for PEAC members with a valid membership card.

Dr. Loudis will give a certificate good for one exam (to be used within 10 days of adoption) to new adopters of PEAC San Diego foster birds, and provides a discount on care for our foster birds.



ALL PETS ANIMAL HOSPITAL

BRIAN LOUDIS, DVM, ABVP
Diplomat, American Board of Veterinary Practitioners

760-634-2022
www.allpetsanimal.com

285 N. El Camino Real #105 Encinitas, CA 92024

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www.pescsandiego.com exotics@pescsandiego.com



Dr. Jenkins provides a complimentary exam for newly adopted PEAC San Diego program birds and a discount on care for our foster birds.



THE "CHICKEN" MEMORIAL SPONSORSHIP PROGRAM

Chicken, a "Festive Amazon" (*Amazona festiva*) was imported in about 1970, as an adult, wild-caught bird. He was first owned by an elderly woman, a chain smoker, who had him for about 15 years and taught him to be a phenomenal talker. When she passed away, Chicken was left to her two sons, neither of whom liked him, and they kept him in isolation. Their sister rescued Chicken and gave him to a vet tech at the hospital where he was a client. The tech kept Chicken for a few years, until becoming engaged to someone who was allergic. In 1993, she called Layne Dicker, who was doing bird adoptions; Layne immediately fell in love with Chicken. He says that Chicken was affectionate, personable, and completely trustworthy. He would sit on Layne's shoulder for an hour with his head down getting scratched, and if Layne stopped, he'd nibble at his ear, making a little growling sound. In 1998, Chicken died of lung cancer. Layne has never completely gotten over it.

Participants

Gale Chan

Mike & Julie Comella

Kelly Flynn

Kathy Fraga

Lisa Greeson

Jim & Karen Hodson

Philip & Lee Jenkins

Beverly Kirkegaard

Paul & Debra Kolen

Judy Lazar

Ann Palik

Rene Pina

Jean Rockwell

Chloe Rogers

Steve Scott

Linda Stuart

Virginia VanDyke*

*(in memory of Ziggy)

PEAC has set up a memorial fund to help homeless birds with stories like Chicken's. But we can't do this without your help. Just one of our Amazons or macaws requires a new \$20 or \$30 toy at least once a month, in addition to the food costs. And we have numerous birds of all sizes waiting to enter our program! We are appealing to you as a fellow parrot lover to help us help these homeless birds. Please consider enrolling in our Sponsorship Program. For a monthly contribution you can sponsor one or more of our birds. In return you will receive the satisfaction of knowing that a parrot's life was enriched by your donation, and your name will appear, if you wish, on our Sponsorship List in our quarterly newsletter. All donations are tax deductible and will directly benefit our birds.

Simply fill out the enrollment form and return it with your donation.* After enrolling, for your convenience, you will receive an envelope each month in which to return your donation. The birds are waiting and thank you for your contribution!

*All donations to this program remain at PEAC headquarters in San Diego. For sponsorship opportunities in your area, contact your local Chapter.

THE CHICKEN MEMORIAL SPONSORSHIP ENROLLMENT FORM

Sponsorship Levels:

- \$50/mo. Macaw/Large Cockatoo \$25/mo. African Grey/Amazon/Eclectus
 \$15/mo. Conure/Parrotlet \$10/mo. Cockatiel/Budgie/Lovebird
 I wish to remain anonymous. Do not print my name on the Sponsorship list.
 I am unable to give a monthly donation, but I would like to help with a one-time donation of \$_____.

Name: _____ Phone: _____

Address: _____ City: _____

State: _____ Zip: _____ E-mail: _____

Parrot Education and Adoption Center

While many of our seminars are required for adoption, others are encouraged to attend to expand their knowledge in providing the best home possible for their own companion birds.

“People protect what they love. We need to provide the information so that they can love.”

- Jean-Michael Cousteau

Required seminars for adoption eligibility include: Avian Basic Care, Parrot Behavior, and Enrichment for Parrots. Those interested in adoption who attend Parrot Behavior and Enrichment for Parrots seminars, will be provided access to our on-line Avian Basic Care (ABC) seminar. You may also e-mail parroted@peac.org for access details.

San Diego Seminars

Sun, 5/19/13:	1:00 pm	Parrot Behavior (<i>required for adoption</i>)
	2:15 pm	Enrichment for Parrots Behavior (<i>required for adoption</i>)
Sun, 6/23/13:	1:00 pm	Parrot Body Language
	2:15 pm	Resolving Biting Behavior

Temecula Area Seminars

Sat, 5/18/13:	1:00 pm	Avian Gourmet: Nutrition for Parrots
	2:15 pm	Excessive Screaming
Sat, 6/8/13:	1:00 pm	Parrot Behavior (<i>required for adoption</i>)
	2:15 pm	Enrichment for Parrots (<i>required for adoption</i>)

Seminar locations

Department of Animal Services Shelter,
5480 Gaines Street, San Diego, CA 92110

Animal Friends of the Valleys/Southwest Communities
Animal Shelter, 33751 Mission Trail, Wildomar, CA

Check-in: 12:30 – 1:00 pm. Whenever possible, foster birds will be present for “Meet and Greet” during seminar check-in.

Seminar fees (per person/day):	<u>ADVANCE REGISTERED</u>	<u>AT THE DOOR</u>
PEAC Members:	FREE!	\$5.00
Non-members:	\$10.00	\$15.00

Advance registration is due on or before two days prior to the seminar date.

On-line seminar registration is now available at www.peac.org, click on the ‘Calendar’ tab.

Though we love your birds, PLEASE leave them at home while you attend these seminars.

**Parrot Education & Adoption Center
Adoption Policies & Procedures**

1. We do not buy birds, even to remove them from bad situations.
2. We will accept birds donated to PEAC.
3. We do not breed birds or place any birds into breeding situations.
4. We do not adopt to children.
5. Potential adopters of medium to large birds are required to attend at least 3 of our seminars.
6. Potential adopters will receive a copy of our adoption application only after attending the required seminars.
7. All potential adopters will receive a home visit performed by one of our volunteers prior to being approved for adoption.
8. Approved applications will be placed on a waiting list if a bird is not currently in our system that would be a good match for the approved adopter.
9. Only one parrot acquisition/adoption per 18 month period is allowed to each home/ membership regardless of the source.
10. Adopters are required to pay an adoption fee and reimburse PEAC for vet fees for their bird.
11. Adopted birds are to remain in the home and be treated as a member of the family.
12. Adopted birds may not be sold, given away, bred, or used for other monetary purpose.
13. After attending the required seminars, those wishing to adopt a macaw, cockatoo, African Grey, etc. as a first time large bird will be required to spend hands-on time with the species of their choice under supervision of one of our volunteers before being approved.
14. As a general rule, we will not place a cockatoo, macaw or other noisy bird in an apartment or condo.
15. We will not adopt birds as companions to other birds.
16. We do not place birds into aviary situations.
17. Birds will only be placed in a 100% smoke free environment.

SEMINAR REGISTRATION FORM

Name _____

Address _____ City _____ State _____ Zip _____

Phone Number _____ E-mail: _____

Seminar Location: (circle one) San Diego Temecula area (Wildomar)

Date	Seminar Title	# Attending	Amount Due

Total Amount Due: _____

Credit Card # _____ Expiration Date: _____

Signature _____

Make check payable to PEAC and mail with the registration form to
P.O. Box 600423, San Diego, CA 92160 or fax credit card payment to 909-563-8418

ANCHORAGE PEAC

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Anchorage, AK Chapter

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Managing Director

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Jackie Frederickson, DVM
Garry Wallan
Karen Webster

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Sydney & Tim Kaderman
Karen Ottenbreit
Elise Patkotak
Krys Traver
Garry Wallan

ADOPTION COMMITTEE

Jackie Frederickson
Karen Ottenbreit
Garry Wallan
Karen Webster

DIRECTOR'S MESSAGE:

Spring is in the air. Gunsight Mountain Hawkwatch Weekend was April 13 and 14 – people watched as hundreds of migratory raptors make their way to interior Alaska. Migratory waterfowl are arriving in droves, and the snow is finally melting. My own



birds are looking forward to warmer temperatures so that they can get outside and enjoy some fresh air. It's been a long, hard, cold and dark winter for all of us. Of course, this also means I have to be on the lookout for nesting behaviors in my hens. One Meyer's has a predilection for laying eggs....and sure enough there was one in her cage this morning. So now comes the game of shifting daylight lengths, switching around the shreddable toys, changing out food options, etc. to try to turn "off" that cycle. It's a balancing act of so many different aspects. Sometimes I only have to make one change, and it will be all that's needed. Sometimes a bit more is involved and I'll have to keep changing things up. She sure likes to keep me on my toes.

This is the time of year when people are doing spring cleaning, doors get left open, etc. So please be mindful and make sure your own birds don't become escape artists. Over the years we've taken in several found parrots. Most we were able to reunite with their rightful owners, but some did wind up in the adoption program. If you do think you see a loose parrot, please call the Alaska Bird Club (info is on their website).

SEMINARS: We currently do not have a seminar planned, but we will be participating at International Migratory Bird Day at the Alaska Zoo. This event will be on Sunday May 19, 2013, and will run from 11-5. Other annual partners at this event include the Alaska Zoo, Alaska Department of Fish and Game, Bird Treatment and Learning Center (BirdTLC), Audubon Alaska, Ducks Unlimited and US Fish and Wildlife Service. Come visit our booth at the Zoo!!

Once we are able to get back on track with our educational seminars, we will make the necessary announcements. Please watch our website (www.akpeac.org) or join us on Facebook (**AKPEAC (Alaska - Parrot Education & Adoption Center)**) for additional updates and information.

ADOPTION UPDATES: You will notice that right now we have no program birds up for adoption. Our foster home for Samantha and Jordie had a family medical situation, and both birds are now with the San Diego PEAC chapter. Please continue to follow them on their quest for a loving, permanent home....and now they'll hopefully find one with a year-round sunny backyard!

Our volunteer Elise Patkotak has loved and cared for her foster birds for so long that it just made sense for her to adopt them...something she was happy to do. Wilson, the Blue Crown Conure, and Sassy, the Senegal, are now permanent members of Elise's family (which also includes previous PEAC birds Baby and Kenya, both Senegal parrots). Congratulations to Elise, Wilson and Sassy!!

FOSTER HOMES: We are in need of foster homes. If you would like more information on becoming a foster home, please contact us at AKPEAC@GMAIL.COM. Fostering is not easy. Sometimes life hits us where it hurts and we have to adjust.

Happy Birding!

Karen Webster
Managing Director, Anchorage



Available for Adoption in Anchorage
Parrot Education & Adoption Center
P.O. Box 91707
Anchorage, AK 99509-1707
www.akpeac.org
akpeac@gmail.com

Watch our website and Facebook page for new adoptables!

WAYS YOU CAN HELP!!

Have you ever wondered how you could help PEAC, but thought “I just don’t have the ability to foster”?
That’s okay, there’s lots of ways people can help PEAC...

**The Program Birds
always appreciate
these donations:**

New toys
Harrison’s Bird Food
(including Bird Bread Mix)
Nutriberries
Nuts in the shell
(almond, walnut, etc.) Seasonal fruit
Travel carriers
Large cages
Perches

If it were not for our volunteers, members, and public donations, we would not be able to do what we do. A large part of our funding comes from special events and fundraisers.

We are always looking for donations for the events we put on throughout the year. If you have an item you’d like to donate, please email us!

(continued from page 1)

Larger-sized pellets, wrapped in plain paper, inserted in foraging toys.



*****Dr. Jackie Frederickson has moved to a new clinic!!!!*****

Hillside Pet Care
2011 Abbott Rd Unit B
Anchorage, AK 99507
(907) 344-7913

Your membership, support, and participation at our events are essential to the future of our chapter and our foster birds! Thank you for your generosity!!

We would like to extend a special THANK YOU to the following individuals, organizations, and businesses who have donated to our Anchorage chapter:

Ginger Memorial Fund
Layne Dicker & Sally Spencer

Alaska Mill and Feed **Jackie Frederickson, DVM**
Grey Feather Toys **Lin Westgard**
TOPS (Totally Organic Pellets) **VCA Alaska Pet Care**



THE "GINGER" MEMORIAL SPONSORSHIP PROGRAM*

Ginger was one of the first birds Anchorage took in, and the difference we were able to make in this bird's life was remarkable. Unfortunately, we were not granted enough time with Ginger on this earth; let the story of her life carry the message of birds in need to future generations. May she rest in peace.

Through word of mouth, PEAC has become widely known. With this notoriety comes an increase in the number of birds needing our help. The increased volume of birds coming through our door has placed an additional financial burden on the organization. Just one of our macaws requires a \$20-\$30 toy at least once a month, in addition to the food costs (and thanks to the difficult times we are facing, food costs have risen dramatically). Sadly, we have numerous parrots of all sizes, needing food and a variety of toys, waiting to enter our program.



We are appealing to you as a fellow parrot lover to help us help these homeless birds. Please consider enrolling in our sponsorship program. For a monthly contribution, you can sponsor one or more of our birds. In return, you will receive the satisfaction of knowing that a parrot's life was enriched by your donation, and your name will appear on our Sponsorship List in our quarterly newsletter, *Beak to Tail*. (If you wish to remain anonymous, just check that box on the Sponsorship Enrollment Form.) All donations are tax-deductible and directly benefit our birds. Simply fill out the enrollment form and return it with your donation.* After enrolling, for your convenience, you will receive an envelope each month in which to return your donation. The birds are waiting and thank you for your contribution.

THE GINGER MEMORIAL SPONSORSHIP PROGRAM ENROLLMENT FORM

Sponsorship Levels:

- \$50/mo. Macaw/Large Cockatoo \$25/mo. African Grey/Amazon/Eclectus
 \$15/mo. Conure/Parrotlet \$10/mo. Cockatiel/Budgie/Lovebird

- I wish to remain anonymous.
 I am unable to give a monthly donation, but I would like to help with a one-time donation of \$ _____.

Name: _____ Phone #: _____
 Address: _____ City: _____
 State: _____ Zip: _____ E-mail: _____
 VISA/MC/AMEX Card #: _____ Exp: ____ / ____

Or make check payable to PEAC and mail with this form to
 PEAC, P.O. Box 91707, Anchorage, AK 99509-1707

** All donations to the Ginger Sponsorship Program remain at PEAC's Anchorage chapter.*

Director's Message

Dear Members,

The Pittsburgh affiliate of PEAC has recently undergone some changes, beginning with my acceptance of the position of Executive Director last summer. I'm new to the position, but I've had big bird experience for over 13 years, and have had bird experience my entire life. I've been a PEAC member for almost 5 years and most recently served as our chapter's Foster Coordinator. I'm excited to educate as many parrot lovers as I can, and am prepared for both the challenges and rewards of this position.

We are receiving a steady stream of relinquished parrots, and are always on the lookout for foster homes to help keep our birdies healthy, happy and safe! Please contact us at info@pitpeac.org if you are interested in being a foster home.

At this moment, we have no set dates on seminar classes, but do plan for classes monthly, with May having an upcoming enrichment/foraging class. It always amazes me how much education is needed when dealing with our feathered friends, and how some folks don't seem to have an interest in learning about interacting with the birds they chose to bring into their lives. That's how we end up with relinquished birds, ones that are plucking, are screamers, or just don't receive enough enrichment, and exactly why we offer the enrichment/foraging class.

We have a couple of events scheduled for this summer, Steele City Expo on June 29, 2013 in Monroeville, PA; Hearts and Paws Pet Fair on June 22, 2013 in Bethel Park, PA; and A Pampered Chef fundraiser May 25, 2013 in North Braddock, PA. Come join us at any or all the events!

I'm hoping all of you have a wonderful peaceful summer!

Sincerely,

Pam McKinney
Executive Director, PEAC Pittsburgh

PEAC – Pittsburgh, PA
P.O. Box 741
Monroeville, Pa., 15146
724-378-7588
info@pitpeac.org
<http://www.pitpeac.org>

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Jenna Tyger
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Available for Adoption in Pittsburgh

Call 724-378-7588

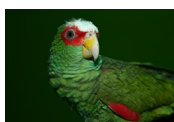
Or email info@pitpeac.org for more information on our adoptables!



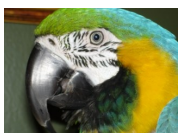
Lieutenant is a teenaged blue and gold macaw. He's a bit on the larger side for his species and the chances are good that his feathers will grow back in a supportive home.



Major is a teenaged military macaw. These are great birds if you tune in to their distinctive personality. There is a very good likelihood that his feathers will grow back in a supportive home.



Sam is a Spectacled Amazon, also known as a White Front Amazon. This species is a smaller size Amazon parrot and known for its good nature and relative calm (for an Amazon!). He likes to eat veggies, blueberries, raw cranberries and raspberries and to just hang out; he's very intelligent.



Gigilo will love you forever, for free. At 21, he's old enough to drink in a bar but he won't start a rumble. He's a really sweet boy. He had some health concerns in his past, but is now signed off by our veterinarian. As he takes his time to get up to optimum condition, we hope some of his missing feathers will grow back.



Let this umbrella be your smile. Joonie is rather young...about 6, but she knows what she loves....you (and herself)! She'll tell you so! She'll sing her, "la, la, la" song to you, as well. We have to warn you, though. She's so sweet and lovable, you'll want to spend lots and lots of time with her, but we wouldn't want you to get overstimulated,.....would we? So far, she has not been particularly loud, for a cockatoo!

THANKS TO OUR DONORS

We would like to extend a special thank you to the following individuals, organizations, and businesses that have donated to our Pittsburgh Chapter:

C&B Birds

Lisa Baker

Tammy Boka

Karen Brown

Jaye Cantagallo

Christine Ebken

John Fisher/Nationwide
Parrot Place Organization

L.H. Fuge, MD

Whendy Godich

Don and Marian Hayduk

Bob and Lorraine Kalcevic

Deborah Maliver

Jeff Morneweck

John O'Reilly

Terry Parrinello

Ellen Smith

Jennifer Traficante

Andrea Tillmann

Fran Weber

Coming Soon - Pretty Girl and Jasmine!



Available for Adoption in Pittsburgh

Call 724-378-7588

Or email info@pitpeac.org for more information on our adoptables!



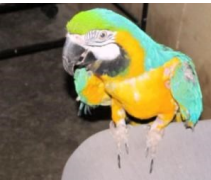
Cricket is a 15-year-old red belly parrot. She likes to watch the activity going on around her, then chatter to tell everyone about it! Her foster parents claim she is a real treat to have in their home.



Prince is a 37-year-old goffin cockatoo and he's always ready for a party.



Cupcake is a lesser sulfur crested cockatoo. She is as sweet as her name, and loves to cuddle! She is quite the girl, and enjoys interacting with her foster family.



Sebastian is a female blue and gold macaw, around 19 to 20 years old. She'd like to be part of a nice family.



Georgia is female, 4-year-old blue and gold macaw. She is an active girl who likes to watch the great outdoors from her perch, as well as watch over the humans who care for her. She has a lot to give, and is looking forward to giving it.



Stevie is a young military macaw; he's under 4 years old. Stevie likes to have attention (he is still in 'baby' range for a macaw) but finds himself a busy boy as he climbs his tree, and talks and squawks to the animals.

All Pet Animal Hospital

Dr. Edward Bennett
Dr. Kellie Person

5354 Route 8
Gibsonia / Allison Park
Ph. (724) 444-6600
www.allpet.org

PEAC Pittsburgh's Primary Consulting

Avian Veterinarian

Dr. Edward Bennett

All Pet Animal Hospital

5354 Rt. 8, Suite 203
Gibsonia, PA 15044
724-444-6600

616 S. Pike Rd. (Rt. 356), Suite 200
Sarver, PA 16055
724-295-9933

PEAC MEMBERSHIP DISCOUNTS

Check it out! The following companies are supportive of PEAC's work and have graciously offered to give PEAC members a discount on items ordered from them.

Note: PEAC does not particularly endorse any of the products sold on this page and is not liable for any damages resulting from the use of any of these products.

Advanced Avian Designs, Inc.
888-408-4967 - 10%

Artistic Avian Accessories
209-748-5631 - 10%

Avian Antics
734-782-5270 - 10%
www.AvianAnticsBirdToys.com
Coupon code: PEAC2010

Avian Gourmet
1-888-88-AVIAN
www.aviangourmet.com - 10%

AviTech, Inc.
1-800-646-BIRD - 10%

Bell Plastics
1-800-235-8265 - 20%

Birds by Donalee
520-574-7290
www.birdsbydonalee.com - 10%

Charlie Macaw
Companion Birdwear
800-704-3003
PEAC member price: \$19.50

Everything Birdie **NEW**
www.EverythingBirdie.com
15% off everything but cages
Use coupon code "peac"

Featherwear
925-280-9666 - 10%

Feathered Follies - 10%
www.feathered-follies.com
925-681-2473

Firefly Studios
800-777-9242 - \$2 off shirts

Freeway Enterprises
Home of the Birdie Play Stand
707-678-9065 - 10%

Grey Feather Toy Creations
www.GreyFeatherToys.com
866-355-5904 - 5%
(must use discount code: PEAC)

Hidden Forest Art Gallery
Fallbrook, CA
www.gaminiratnavira.com - 10%

Manzanita Avenue
Fred Bird & Company
530-347-6339 - 10%

Noah's Kingdom
1-800-662-4711 - 10%

Parrot Island
952-928-9985
888-9PARROT (Orders only)
www.parrotislandinc.com - 10%

Parrot People **NEW!!!**
www.parrotpeople.com - 10%
toys, food, perches, etc.

Premium Pet Kitchen
1-800-945-2451
20% off first order

PEAC MEMBERSHIP DISCOUNTS (continued)

Check it out! The following companies are supportive of PEAC's work and have graciously offered to give PEAC members a discount on items ordered from them.

Note: PEAC does not particularly endorse any of the products sold on this page and is not liable for any damages resulting from the use of any of these products.

Puppy Paws

www.puppypaws.com
Coupon Code: PEAC - 15%

The Purring Parrot - 10%

619-223-2326
www.thepurringparrot.com

Rose's Pet Emporium

888-418-2269
www.rosespet.com - 10%

Scooterware

914-255-MOON
www.scooterware1.com - 10%

Southern Cross

941-283-3037- 10%

Sunrise Solutions/Hide N Sleep

303-469-4217 - 10%

White Wing Farms

360-942-3669
25% (write "PEAC member discount" on order form)

San Diego Stores

Feathers - San Marcos

The Purring Parrot - Point Loma

20% discount, 1st time boarders

Cleveland Area Store

Pet Paradise - Willoughby

Anchorage Area Store**Alaska Mill & Feed**

10% discount on companion bird food, toys, supplies, etc.

Costa Rica**Laguna del Lagarto Lodge**

25% off prevailing room rates.
www.lagarto-lodge-costa-rica.com

BEAK TO TAIL
PARROT EDUCATION & ADOPTION CENTER®
P.O. Box 600423
SAN DIEGO, CA 92160-0423



Parrot Education & Adoption Center®

Upcoming Events

San Diego Seminars

Sun, 5/19/13: 1:00 pm Parrot Behavior

*2:15 pm Enrichment for Parrots
Behavior*

Sun, 6/23/13: 1:00 pm Parrot Body Language

2:15 pm Resolving Biting Behavior

Temecula Area Seminars

*Sat, 5/18/13: 1:00 pm Avian Gourmet: Nutrition
for Parrots*

2:15 pm Excessive Screaming

Sat, 6/8/13: 1:00 pm Parrot Behavior

2:15 pm Enrichment for Parrots