



Parrot Education & Adoption Center™

# BEAK TO TAIL

Issue 56

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## Wow, That Bird Can Scream!

by Barbara Heidenreich

“Screaming. Somebody reinforced the heck out of that behavior,” I said to myself. Misty, a double yellow headed Amazon parrot, lived with me for only a few weeks. She was there so that I could put some of her vocal behaviors on cue. However it quickly became apparent she had a few other behaviors that needed to be addressed first. Before her stay with me she resided with Jill Bell for six years. Prior to that time her history is pretty fuzzy. She is estimated to be 19 years old. This meant screaming could have been reinforced for at least 13 years. It must have been, because it was STRONG. Misty was relentless. I’d leave the room; she’d scream and scream and scream.

She had been a good reminder of what companion parrot owners experience when faced with a very annoying and challenging problem. It can be very frustrating. Oddly enough, when I walk into someone else’s home and hear screaming birds I am usually not affected. But when a bird is screaming specifically, in what feels like a demanding way, to get my attention, it strikes a nerve. How does one find the patience to be a good trainer in those situations? It is not easy, but definitely necessary.

My mantra with Misty was “I am solving the problem. Getting angry or letting that knot in my gut sway my strategy will not give me the desired results. I am confident what I am doing will work. It has worked before with other birds I have trained. Hang in there!”

And it is true, my blue fronted Amazon parrot Tarah also learned to scream for attention. Completely through my own ignorance I reinforced screaming. I acquired Tarah, as many people do, when he was offered to me for free. At the time I was working in a veterinary hospital. One of my co-workers also worked part time in a pet store. Someone had walked in off the street and sold her the bird for \$100. Was the bird stolen, smuggled or desperately unwanted? I don’t know. My co-worker found she was overwhelmed with too many animals in her home and asked if I would be interested in watching the bird for awhile. (That “while” has turned into 18 years.)

Once in my apartment, I was thrilled when Tarah offered a “hello” at the sight of me snacking on a piece of bread. However the enchantment wore off as Tarah began to scream anytime I was out of sight. Unaware of how to stop this undesired behavior, I did as many do, I ran back into the room each time Tarah screamed and told him to “Be quiet.” Did it work to stop the screaming? No, and at the same time I found I very much disliked my attempts at punishing reactions to the undesired behavior. I so enjoy having animals respond positively to my presence and did not want to become an unpleasant experience in my bird’s life in order to stop the screaming behavior.

While in the middle of dealing with this problem, I was introduced to the book “Don’t Shoot the Dog” by Karen Pryor. (Also known as the bible of animal trainers) As I read the book, I latched onto two important principles that could help me address the screaming problem: Extinction and differential reinforcement. Extinction is described as the process of

discontinuing reinforcing a behavior that has been previously reinforced. In other words part of my strategy should include discontinuing offering reinforcers for screaming. This meant I should no longer run back into the room or yell at Tarah. The book did not describe the exact situation I was experiencing with my bird; rather, it described the principles and how to apply them to a variety of examples, human and animal. In reading the words, I made the connection that the concepts could apply to any behavior I no longer wanted to continue. Paired with the principle of extinction was the strategy of differential reinforcement of an alternate behavior. In other words, if screaming would no longer work to get a response from me, what would? For Tarah this turned out to be a whistle. In the middle of a session of screaming and me doing my best to ignore this undesired behavior, Tarah offered a “whistle”. I immediately reinforced this by responding with the word “good”. Tarah replied with a scream. This was because at this point he only had one repetition of whistling being positively reinforced and an entire year of screaming being reinforced. However, I remained consistent with my strategies, and within two weeks’ time, Tarah learned to whistle when he wants to know where I am, when he desires a toy or treat, when I come home, and instead of screaming when he wanted a response from me. Seventeen years later, Tarah whistles when he simply seems to be “happy”. The undesired screaming behavior was extinguished and replaced with a whistling sound.

*To be continued...next issue.*

See Pages 10-11 for info on Barb Heidenreich’s July 31 San Diego Workshop.

## Letter from the Executive Director

Dear PEAC Members,

Spring is just around the corner, as are many exciting activities on the PEAC Events Calendar. Our monthly seminars continue to be extremely well attended and we have new volunteers on our team with lots of terrific ideas for extending PEAC's educational outreach with the aim of improving the lives of parrots in Southern California. As we are a totally volunteer organization, volunteering truly is the lifeblood of PEAC; and I appreciate everything that our volunteers do to support our mission and goals. If you're interested in learning about volunteer opportunities, please e-mail us at [volunteers@peac.org](mailto:volunteers@peac.org).

America's Pet Expo at the Orange County Fairgrounds in Costa Mesa is scheduled for 4/16 - 4/18/10 and we hope to see you at our booth, where several foster birds will be in attendance.

Our seminars are being updated this year to reflect information and methods consistent with positive behavior training techniques; and on June 13<sup>th</sup>, we'll be offering a brand-new seminar workshop: Achieving Behavior Change, Parts I & II. If you missed Dr. Susan G. Friedman's Living & Learning with Parrots (LLP) last September, this will be an excellent overview and a primer for Barbara Heidenreich's Parrot Behavior Training Workshop on 7/31/10. If you attended LLP, come anyway to refresh your knowledge! Be sure to mark your calendars now!

Sincerely yours,

Barbara Crouse

### WHAT WE ARE

Parrot Education & Adoption Center is a 501(c)3 nonprofit volunteer organization dedicated to educating its members and current and potential bird owners about the proper care of pet birds. Unwanted or found parrots are accepted at PEAC and in turn are adopted to qualified applicants.

Sharing current information and correcting misconceptions about parrots are the major aims of PEAC. Our goal is to keep abreast of the latest developments in the world of aviculture and share them with you, our members.

PEAC was founded in 1996 by Bonnie Ken, who served as the Executive Director for its first 12 years.

### CONTACT US

Parrot Education & Adoption  
Center

P.O. Box 600423  
San Diego, CA 92160-0423

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Phone: 619-287-8200  
Fax: 909-563-8418

E-mail: [parroted@peac.org](mailto:parroted@peac.org)  
Website: [www.peac.org](http://www.peac.org)

### PEAC Board

Melanie Ariessohn  
Shannon Ariessohn  
Todd Cecil DVM, DAVBP-Avian  
Dawn Danielson  
Jeff Greer  
Teri Irvin  
Brian Loudis DVM, DAVBP-Avian

### Executive Director

Barbara Crouse

### *Operations Manager*

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### *Membership/Sponsorship*

Barbara Crouse

### *Bird Intake Coordinator*

Teri Irvin

### *Volunteer Coordinator*

TBA

### *Adoption Coordinator*

TBA

### Adoption Committee

Melanie Ariessohn  
Gary Baer  
Sue Baer  
Teri Irvin  
Bobbie Sevier  
Liz Wilson

**PEAC Volunteers  
in San Diego /  
Southern California**

April Adcock  
Kathy Anderson  
Richard Anderson  
Melanie Ariessohn  
Shannon Ariessohn  
Gary & Sue Baer  
Gale Chan  
Barbara Crouse  
Jeff Greer  
Andrew Harding  
Teri Irvin  
Judy Michaels  
Tammy Oliver  
Rene Pina  
Steve Scott  
Bobbie Sevier  
DJ Sommers  
Mary Taylor

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**PEAC Artist**  
Linda Ruschat

**WebMaster**  
Garry Wallan

**Newsletter Editor**  
Melanie Ariessohn

**PEAC  
Policies and Procedures**

1. PEAC does not purchase birds, even to remove them from bad situations.
2. PEAC will accept birds donated to our organization.
3. PEAC does not breed birds or place any birds into breeding situations.
4. PEAC does not adopt birds to children.
5. Potential adopters of small birds are required to attend our "Avian Basic Care" seminar.
6. Potential adopters of medium to large birds are required to attend at least the following three seminars: "Avian Basic Care," "Parrot Personalities," and "Behavioral Problems."
7. Potential adopters will receive a copy of our adoption application after attending the required seminars.
8. All potential adopters will receive a home visit performed by one of our volunteers before being approved for adoption.
9. Approved adoption applications will be placed on a waiting list if a bird is not currently in our system that would be a good match for the approved adopter.
10. Only one parrot acquisition/adoption per home or PEAC membership is allowed in an 18-month time period.
11. Adopters are required to pay an adoption fee and reimburse PEAC for veterinary fees the bird may have incurred.
12. Adopted birds are to remain in the home and be treated as a member of the family.
13. Adopted birds may not be sold, given away, bred, or used for any type of monetary purposes.
14. After attending the mandatory seminars, those wishing to adopt a first-time large bird, such as an Amazon, African Grey, Cockatoo, or Macaw, will be required to spend hands-on time with the species of their choice under supervision of one of our volunteers before being approved.
15. As a general rule, we will not place a Cockatoo, Macaw, or other noisy bird in an apartment or condominium.
16. PEAC will not adopt birds as companions to other birds.
17. PEAC does not place birds into aviary situations.
18. Birds must remain in a 100% smoke-free environment.



## MURPHY GOES TO CLEVELAND!



At the airport—Murphy gets the VIP treatment.



The long-awaited arrival...and here they come!



A smile and a sigh of relief from the four girls.



*Enough with the photos; can I come out yet?*

*Clockwise l to r:* 1) Laura Myers, Brett Rictor; 2) Barbara Crouse; 3) Barbara, Leah Matjeka, Laura; 4) Murphy with “Daddy” Brett. Murphy came to PEAC San Diego in 2003, but was unable to find a home here. After discussion with Leah Matjeka, Director of PEAC Cleveland, it was decided that Murphy had a better chance for adoption there. Logistics were worked out, and she flew to Ohio last month with Barbara Crouse. Her new foster parents, star volunteers Brett and Laura, “accidentally” fell immediately in love with Murph and the feeling was not only mutual, but also extended to their Amazon and red-tailed Grey; and they adopted her this month!



*I like it here! And you must be - the new dad I've dreamed of!*

## PEAC San Diego Still Needs Volunteers!

PEAC is still in great need of foster homes for our program birds. We currently have a bird who has been #1 on our waiting list for a year; our current foster homes are still maxed out; and we need volunteers to take some of our current birds so that they can get the attention they need and deserve without "burning out" their current foster parents. We also continue to receive large numbers of calls and emails from people wanting to relinquish parrots to our adoption program, and had five in one day on a recent Saturday. We are still seeking help with the following positions:

**Foster Volunteers:** We need trained and qualified foster help so that we can help the many birds on our waiting list. Please consider helping us provide a safe, loving, temporary home for a bird in need. PEAC provides caging, toys, and pellets for our foster birds, and our foster volunteers join our loyal and supportive volunteer team. Perhaps you cannot accommodate a large cage and play gym, but could help with a smaller bird, such as a conure. Of course, our birds will come to you well vetted to ensure the safety of your own birds.

**Adoption Coordinator:** This individual will work closely with our Volunteer Coordinator, Foster Volunteers, and Adoption Committee members to identify potential permanent homes for our foster birds.

**Volunteer Coordinator:** This person will work with our Director and Operations Manager to coordinate all volunteer activities, including reviewing potential volunteer applications, conducting orientations, placing birds into appropriate foster homes, and providing ongoing support to volunteers.

Please contact the PEAC San Diego office for further information.

Email: [volunteers@peac.org](mailto:volunteers@peac.org)

Phone: 619 287-8200



*I see you there - yes, you - - you know you want to volunteer!*

PEAC San Diego thanks the following Avian Board-certified veterinarians, who have generously agreed to provide discounts on veterinary care for our program birds:

Dr. Jeffrey Jenkins, San Diego 619.260.1412

Dr. Brian Loudis, Encinitas 760.634.2022

Dr. Todd Cecil, La Mesa 619.462.4800

Jeffery R. Jenkins, DVM  
Diplomate  
ABVP-Avian Practice



Specialist in Avian Medicine

**AVIAN & EXOTIC ANIMAL HOSPITAL**  
Practice limited to birds & exotic animals  
*"Extraordinary care for extraordinary animals"*

2317 Hotel Circle South, Suite C, San Diego, CA 92108  
619 260-1412 619 260-1499 fax

Dr. Jenkins will provide a complimentary exam for newly adopted PEAC San Diego program birds.

Dr. Loudis will give a certificate good for one exam (to be used within 10 days of adoption) to new adopters of PEAC San Diego foster birds.



**ALL PETS ANIMAL HOSPITAL**

**BRIAN LOUDIS, DVM, ABVP**  
Diplomat, American Board of Veterinary Practitioners

**760-634-2022**  
www.allpetsanimal.com

285 N. El Camino Real #105 Encinitas, CA 92024

Todd R Cecil, DVM, DABVP-Avian  
Board Certified Specialist in Avian Medicine

Complete daytime & emergency medical/surgical services for exotic and avian patients.

La Mesa 5232 Jackson Dr. 91941  
Chula Vista 885 Canarias Court 91910

619 462-4800  
www.pescsandiego.com exotics@pescsandiego.com



Welcome, new volunteers Andrew Harding and Judy Michaels!

## PARROT EDUCATION & ADOPTION CENTER – SAN DIEGO 2010 SEMINAR SCHEDULE

While many of our seminars are required for adoption, others are also encouraged to attend, to expand their knowledge in order to provide the best home possible for their own companion birds.

*“People protect what they love. We need to provide the information so that they can love.”  
- Jean-Michel Cousteau*

March 21: Parrot Personalities (required for adoption)  
Understanding, Preventing & Resolving Behavior Problems (required for adoption)

**April 25\*\*:** Parrot Body Language  
**new date!** Amazing Amazons

May 23: Avian Basic Care (required for adoption)  
Strategies for Successful Parrot Caregivers (required for adoption)

June 13: Achieving Behavior Change (Part I)  
Achieving Behavior Change (Part II)

July 18: Living with Cockatoos  
Excessive Screaming

July 31: Parrot Training Workshop with Barbara Heidenreich  
Note: This is a special workshop with special hours and pricing; see pages 10-11.

**August through November** seminars TBA.

Seminars are held at Marina Village Conference Center, 1936 Quivira Way, Room D-6, San Diego. Regular seminars (except for July 31 and November) begin at 1:00 pm; second seminar begins at 2:15 pm. Seminar check-in begins at 12:30 pm. Program birds will be present for a “Meet and Greet” when possible.

### Seminar fees (per person/day):

	<b>ADVANCE REGISTERED*</b>	<b>AT THE DOOR</b>
<b>PEAC Members:</b>	FREE!	\$5.00
<b>Non-members:</b>	\$10.00	\$15.00

\*Advance registration is due on or before the Wednesday prior to the seminar;  
NO EXCEPTIONS.

Credit card payments (\$20.00 minimum) can be faxed to 909 563-8418  
or emailed to [parroted@peac.org](mailto:parroted@peac.org)  
PayPal is available through [parroted@peac.org](mailto:parroted@peac.org)

**Though we love your birds, PLEASE leave them at home while you attend these seminars!**



## THANK YOU FOR YOUR GENEROUS DONATIONS TO THE BIRDS OF PEAC IN SOUTHERN CALIFORNIA

April Adcock  
Patricia Cassidy  
Eric Glasnapp  
Good Bird, Inc.  
Florence Harrod

Janice Mahlberg, in loving memory of Chac  
James Oliver & Sue Darnell  
Audrey Reisenauer  
TOPS (Totally Organic Pellets)  
Anne B. Wilson

In these difficult economic times, your donations are truly appreciated  
and make a huge difference in the lives of our program birds.



REGISTER ME!

Sign Me Up in Sunny San Diego for these 2010 Seminars:

DATE	TITLE	# PEOPLE	AMT DUE

TOTAL AMOUNT DUE: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Credit Card #: \_\_\_\_\_ (VISA MC AMEX) Exp. \_\_\_\_/\_\_\_\_

Make checks payable to PEAC and mail with this form to PEAC, PO Box 600423, San Diego, CA 92160

PEAC San Diego  
Presents:  
Parrot Behavior  
& Training Workshop  
with  
Barbara Heidenreich



July 31, 2010

In this workshop, parrot enthusiasts learn basic methods and tools to teach their birds using positive reinforcement. The workshop will cover the following topics:

- The basics of training--how does it work?
- How to read and interpret bird body language
- Solving behavioral problems
- Training basic behaviors
- Training to benefit the health and welfare of your bird
- Training advanced behaviors for fun
- And more!

Workshop includes lecture, PowerPoint presentation, video, interactive activities, games, written materials, & live demonstrations on how to train behaviors from start to finish. An educational & fun experience is the goal. An open-forum format will facilitate analysis of companion parrot behavior challenges & goals.

**Early Bird Registration** (by 6/1/2010)

PEAC members \$75/person

Non-members \$95/person

**Late Registration** (after 6/1/2010)

PEAC members \$90/person

Non-members \$110/person

Registration includes 40-page workbook, continental breakfast and afternoon snack, and commemorative PEAC t-shirt (color and design may vary).

Date: Saturday, July 31, 2010

Time: 9:00 a.m. to 5:00 p.m

Location: Marina Village Conference Center, 1936 Quivira Way, San Diego, CA

## REGISTRATION FORM

### Parrot Training Workshop with Barbara Heidenreich

July 31, 2010, 9:00 am to 5:00 pm, Marina Village Conference Center, 1936 Quivira Way, San Diego, CA

Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Phone: (    ) \_\_\_\_\_

Early Bird Registration (Postmarked on or before 6/1/2010)	Fee	# People	Total
PEAC Member	\$75.00		
Non-Member	\$95.00		
Late Registration (Postmarked after 6/1/10)	Fee	# People	Total
PEAC Member	\$90.00		
Non-Member	\$110.00		
<b>PEAC MEMBERSHIP</b>	Single \$20 Family \$30		
<b>DISCOUNTS</b> Two PEAC members in same household (addresses will be verified)	<10.00>	---	<10.00>
<b>Total Amount Due: \$</b>			
T-shirt size: <u>   </u> S <u>   </u> M <u>   </u> L <u>   </u> XL <u>   </u> XXL <u>   </u> XXXL			
Credit card payments: <u>   </u> Visa <u>   </u> MasterCard <u>   </u> AmEx    #: <u>   </u> - <u>   </u> - <u>   </u> - <u>   </u> Exp: <u>   </u> / <u>   </u>			
Signature _____ Date: _____			

Refunds will be made as follows: 100% before June 15; 50% June 15 to July 10, 2010

Please return registration form and check made payable to

Parrot Education and Adoption Center

PO Box 600423

San Diego, CA 92160

Credit card payments:

mail to above address ~ or fax to 909 563-8418 ~ or email to [parroted@peac.org](mailto:parroted@peac.org)

**Questions?** Email [parroted@peac.org](mailto:parroted@peac.org) or call (619) 287-8200

**PLEASE DO NOT BRING YOUR BIRD TO THE WORKSHOP!!**

**ANCHORAGE PEAC**

Board and Volunteers  
Anchorage, AK Chapter

Karen Webster  
*Managing Director*

**BOARD**

Debbie Cather  
Kathy Doty, DVM  
Jackie Frederickson, DVM  
Garry Wallan  
Karen Webster

**VOLUNTEERS**

Debbie & Jeff Cather  
Sarah Hill & Jim Power  
Sydney & Tim Kaderman  
Eric Kennard  
Michelle Lyle  
Becky & Dusty Menefee  
Karen Ottenbreit  
Elise Patkotak  
Debbie & Steve Ross  
Garry Wallan

**ADOPTION COMMITTEE**

Jackie Frederickson  
Karen Ottenbreit  
Garry Wallan  
Karen Webster  
Liz Wilson

**ANCHORAGE****DIRECTOR'S MESSAGE:**

I want to thank all of our PEAC volunteers and supporters for making our Holiday Open House a success. We had a great turnout, and people got some great deals on toys and parrot accessories.



Member Erica Bowen's Grey, Lacey, was especially excited when her mom came home with the big raffle win of a large "Get a Grip" from Starbird, and numerous toys.

*Lacey "getting a grip" on her new LARGE "Get a Grip!"*

One of the new seminars this year, "The Naked Parrot," focuses on birds with feather destructive behaviors. In conjunction with this seminar is a Foraging Toy Workshop. Learn how to make your own foraging toys with things you may already have in your house! As this is a special workshop, there will be a nominal fee charged. If you are a PEAC member and you pre-register, the fee is \$10. PEAC members at the door will be \$20, non-members \$25. Register early - space is limited!

As I've mentioned before, not everything we do is designed around finding birds new homes. Sometimes we're able to allow birds stay in the home(s) they already have. Such is the case with two different blue and gold macaws recently, and it's a wonderful feeling to know that we're able to help keep "families" together.

The days are starting to get longer, the Amazons are more vocal, and all my birds are starting to stare out the window at the greenhouse with abject longing. Surely spring can't be too far away??

Karen Webster  
Managing Director, PEAC Anchorage

Available for Adoption in Anchorage  
 Parrot Education & Adoption Center  
 P.O. Box 91707  
 Anchorage, AK 99509-1707  
 907.929.2473  
 www.akpeac.org  
 akpeac@gmail.com

Amazons



Name: **Samantha**  
 Species: Double Yellow Head  
 Age: 14 years  
 Sex: Female  
 Notes: Friendly in that she wants to be around people, but reserved in that she would prefer not to be touched. A true Amazon, she does love her showers! Definitely not a cuddler, but she does have a very sweet voice and personality.

Conures



Name: **Wilson**  
 Species: Blue-crowned Conure  
 Age: unknown  
 Sex: unknown  
 Notes: Wilson was a found bird, rescued after spending a day hanging out in several very tall trees close to an Italian restaurant. Care to guess what his favorite food is? He talks quite a bit, and while there's interest in getting scratches only from favored people, he's VERY interested in getting attention from that favored person, as well as playing with toys, etc.

Poicephalus - Senegal



Name: **Sassy**  
 Age: unknown  
 Sex: unknown  
 Notes: This bird was found and turned over to us. She can be social and outgoing when she wants to, yet like several Senegals she can be somewhat territorial of her space. She has a healthy appetite and loves to play with her toys and get cuddles and scratches from her favorite people.

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 ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓  
 CONGRATULATIONS TO SUNSHINE,  
 THE SUN CONURE,  
 who has found his forever home!  
 ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓  
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WAYS YOU CAN HELP!!

Have you ever wondered how you could help PEAC, but thought "I just don't have the ability to foster"? That's okay, there's lots of ways people can help PEAC...

*The Program Birds always appreciate donations of:*

- New toys*
- Harrison's Bird Food (including Bird Bread Mix)*
- Nutriberries*
- Nuts in the shell (almond, walnut, etc.)*
- Seasonal fruit*
- Travel carriers*
- Large cages*
- Perches*

*The administrative office of PEAC always appreciates donations of the following:*

- Stamps*
- Photocopier paper*
- Photo paper for color printers*
- Ink for color printers*

*If it were not for our volunteers, memberships, and public donations, we would not be able to do what we do. A large part of our funding comes from special events and fund raisers. We are always looking for donations for the events we put on throughout the year. If you have an item you would like to donate, please call or email us!  
 907-929-BIRD (2473)  
 akpeac@gmail.com*

PARROT EDUCATION AND ADOPTION CENTER ANCHORAGE  
SEMINAR SCHEDULE

Please note: This is the updated schedule for 2010; we had to change some things around, due to space conflicts.

Tel: 907-929-BIRD

E-mail: akpeac@gmail.com

While many of our seminars are required for adoption, others are encouraged to attend to expand their knowledge, in order to provide the best possible home for their own companion birds.

- |                               |  |
|-------------------------------|--|
| Thur, Mar 18<br>7:00 -9:00p   | Basic Care/Lifestyles for the Successful Parrot Caregiver <i>(required for adoption)</i>   |
| Tue, Apr 13<br>7:00-9:00p     | Avian Safety and Emergency Preparedness Planning   |
| Tue, May 18*<br>6:00-9:00p    | The Naked Parrot: Feather-Destructive Behavior in Parrots and *Foraging Toy Workshop*<br>*(Special workshop fees apply; note earlier start time.)* |
| Thur, Jun 17<br>7:00 -9:00p   | Parrot Personalities <i>(required for adoption)</i>  |
| Thur, Jul 15<br>7:00 -9:00p   | Understanding, Preventing, and Resolving Behavior Problems <i>(required for adoption)</i>  |
| Thur, Aug 19<br>7:00 -9:00p   | Introduction to Training   |
| Thur, Sep 16<br>7:00 -9:00p   | Nutrition and Foraging   |
| Thur, Oct 14<br>7:00 - 9:00 p | Basic Care/Lifestyles for the Successful Parrot Caregiver <i>(required for adoption)</i>   |
| Thur, Nov 18<br>7:00 -9:00p   | Parrot Personalities <i>(required for adoption)</i>  |
| December                      | TBD  |

\* Special workshop fees apply



*Lacey with her favorite toy*

Your membership, support, and participation at our events are essential to the future of our chapter and our foster birds! Thank you for your generosity!!

We would like to extend a special THANK YOU to the following individuals, organizations, and businesses who have donated to our Anchorage chapter:

Alaska Mill and Feed	Jackie Frederickson, DVM	<u>Ginger Memorial Fund</u>
Nina Peterson via Big Beaks Bird Toys	Big Beaks Bird Toys	
Louann Cutler	Professional Legal Copy	Layne Dicker & Sally Spencer
Grey Feather Toys	Robert A. Rehbock	Faye Miller
TOPS (Totally Organic Pellets)		

REGISTER ME!

I Want to Be Inside (where it's warm) Getting My Parrot Education in Anchorage

DATE TITLE # PEOPLE AMT DUE  
TOTAL AMOUNT DUE: \_\_\_\_\_

DATE	TITLE	# PEOPLE	AMT DUE

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Credit Card #: \_\_\_\_\_ (VISA MC AMEX) Exp. \_\_\_\_ / \_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Make checks payable to PEAC and mail with this form to PEAC, PO Box 91707, Anchorage, AK 99509-1707

SEMINAR FEES (per person/day):

	ADVANCE REGISTERED	AT THE DOOR
PEAC Members	FREE!	\$5.00
Non-Members	\$10.00	\$15.00

Our seminars are held at the BP Energy Center, 900 E. Benson Blvd., Anchorage from 7:00-9:00pm. Advance registration must be received no later than three days prior to the day of the seminar. To register, please email or mail the seminar date you want to attend, and the number of people attending. If you are a PEAC member and are registering in advance, registration over the phone or via email is accepted. For fax or USPS registrations, please use the registration form above.

Seminars are subject to change or cancellation. Registration fees for non-members will be refunded only if a seminar is cancelled.

**Though we love your birds, PLEASE leave them at home while you attend these seminars!**

This is the second article in our series on Kazoo, a Jardine's Parrot living with Jean Feakes in Anchorage.

In last issue's installment, we met Kazoo just as he was diagnosed with diabetes. Jean's research failed to turn up much information about diabetes in parrots, but she changed his diet, started him on a diabetes medication, Glipizide, and saw his weight stabilize and his energy level and great little personality return.



*What? Not bedtime already!!*

(cont from right)

He isn't as active as he used to be, but is always willing to come out and get a head rub and visit for a while. In the morning he is always anxious to come out and get his first drink from a glass of water I keep just for him. I take him and my Timneh into the bathroom when I take a shower, and they keep me company. They don't want to get wet; they just hang out and get head rubs.

I am very hopeful that Kazoo's current health will continue, and even improve. Having a parrot with diabetes is challenging and has taught me to look more closely at what I feed my flock.

## KAZOO'S CORNER

by Jean Feakes, Anchorage Chapter

Installment 2: Wherein our little Kazoo suffers a setback but bounces back.

I took Kazoo back to the vet in January, as he was acting lethargic and throwing up constantly. I had to take him to a different vet clinic, because my regular vet was out of the country.

The new vet took blood and gave Kazoo fluids and an injection for the vomiting. I took him home, and even though he wasn't throwing up anymore, he was losing weight and not eating well. The tests came back all normal, except, of course, his glucose. About a week later he started vomiting again, so back to the vet we went. By this time, he was really in bad shape. He had lost so much weight that his breastbone showed, and he sat around with his eyes closed all the time. The vet suggested testing him for everything and anything the lab could test for. Without even considering the cost, I said yes. They drew blood again and gave Kazoo more fluids and another injection for vomiting, and home we went.

It took several days to get most of the test results back, and everything came back normal, which was good, but mystifying, because something besides the diabetes had to be going on. A day or so later, we received more test results, one of which was positive for *Giardia*. I don't know how he got it, and none of my other birds showed any symptoms. A prescription was called in to a local compounding pharmacy, and I got enough to treat all of my birds, just in case. Kazoo took the antibiotic for three weeks, and started improving almost immediately.

I took him back for a recheck three weeks later, and the vet put him on Metformin for his diabetes, in addition to the Glipizide. I crush both pills and put them in a liter of water that I keep in the frig just for him.

At present, Kazoo is holding his weight between 181 and 193 grams. He was on Harrison's pellets when he first became ill, but doesn't want them now, preferring Zupreem fruit-flavored. He is eating very well, and I keep a close eye on his behavior, since that is a good indication of his physical state. *(continued on left)*





## THE "GINGER" MEMORIAL SPONSORSHIP PROGRAM\*

Ginger was one of the first birds Anchorage took in, and the difference we were able to make in this bird's life was remarkable. Unfortunately, we were not granted enough time with Ginger on this earth; let the story of her life carry the message of birds in need to future generations. May she rest in peace.

Through word of mouth, PEAC has become widely known. With this notoriety comes an increase in the number of birds needing our help. The increased volume of birds coming through our door has placed an additional financial burden on the organization. Just one of our macaws requires a \$20-\$30 toy at least once a month, in addition to the food costs (and thanks to the difficult times we are facing, food costs have risen dramatically). Sadly, we have numerous parrots of all sizes, needing food and a variety of toys, waiting to enter our program.



We are appealing to you as a fellow parrot lover to help us help these homeless birds. Please consider enrolling in our sponsorship program. For a monthly contribution, you can sponsor one or more of our birds. In return, you will receive the satisfaction of knowing that a parrot's life was enriched by your donation, and your name will appear on our Sponsorship List in our quarterly newsletter, *Beak to Tail*. (If you wish to remain anonymous, just check that box on the Sponsorship Enrollment Form.) All donations are tax-deductible and directly benefit our birds. Simply fill out the enrollment form and return it with your donation.\*

After enrolling, for your convenience, you will receive an envelope each month in which to return your donation. The birds are waiting and thank you for your contribution.

\* All donations to the Ginger Sponsorship Program remain at PEAC's Anchorage chapter.

### THE GINGER MEMORIAL SPONSORSHIP PROGRAM ENROLLMENT FORM

Sponsorship Levels:

- \$50/mo. Macaw/Large Cockatoo
- \$25/mo. African Grey/Amazon/Eclectus
- \$15/mo. Conure/Parrotlet
- \$10/mo. Cockatiel/Budgie/Lovebird

- I wish to remain anonymous.
- I am unable to give a monthly donation, but I would like to help with a one-time donation of \$\_\_\_\_\_.

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_ E-mail: \_\_\_\_\_  
 VISA/MC/AMEX Card #: \_\_\_\_\_ Exp: \_\_\_\_ / \_\_\_\_

Or make check payable to PEAC and mail with this form to PEAC, P.O. Box 91707, Anchorage, AK 99509-1707



### THE "CHICKEN" MEMORIAL SPONSORSHIP PROGRAM

Chicken, a "Festive Amazon" (*Amazona festiva*) was imported in about 1970, as an adult, wild-caught bird. He was first owned by an elderly woman, a chain smoker, who had him for about 15 years and taught him to be a phenomenal talker. When she passed away, Chicken was left to her two sons, neither of whom liked him, and they kept him in isolation. Their sister rescued Chicken and gave him to a vet tech at the hospital where he was a client. The tech kept Chicken for a few years, until becoming engaged to someone who was allergic. In 1993, she called Layne Dicker, who was doing bird adoptions; Layne immediately fell in love with Chicken. He says that Chicken was affectionate, personable, and completely trustworthy. He would sit on Layne's shoulder for an hour with his head down getting scratched, and if Layne stopped, he'd nibble at his ear, making a little growling sound. In 1998, Chicken died of lung cancer. Layne has never completely gotten over it.

### Participants

Lucia Blades  
Gale Chan  
Mike & Julie Comella  
Layne Dicker  
Marcus Epstein  
Kelly Flynn  
Kathy Fraga  
Lisa Greeson  
Jim & Karen Hodson  
Philip & Lee Jenkins  
Beverly Kirkegaard  
Debra Kolen  
Judy Lazar  
Patrice Marcks  
Ann Palik  
Rene Pina  
Geneva Potepan  
Jean Rockwell  
Chloe Rogers  
Steve Scott  
John & Janet Smith  
Linda Stuart  
Virginia VanDyke\*  
\*(in memory of Ziggy)  
Elaine Wessel

PEAC has set up a memorial fund to help homeless birds with stories like Chicken's. But we can't do this without your help. Just one of our Amazons or macaws requires a new \$20 or \$30 toy at least once a month, in addition to the food costs. And we have numerous birds of all sizes waiting to enter our program! We are appealing to you as a fellow parrot lover to help us help these homeless birds. Please consider enrolling in our Sponsorship Program. For a monthly contribution you can sponsor one or more of our birds. In return you will receive the satisfaction of knowing that a parrot's life was enriched by your donation, and your name will appear, if you wish, on our Sponsorship List in our quarterly newsletter. All donations are tax deductible and will directly benefit our birds.

Simply fill out the enrollment form and return it with your donation.\* After enrolling, for your convenience, you will receive an envelope each month in which to return your donation. The birds are waiting and thank you for your contribution!

\* All donations to this program remain at PEAC headquarters in San Diego. For sponsorship opportunities in your area, contact your local Chapter.

### THE CHICKEN MEMORIAL SPONSORSHIP ENROLLMENT FORM

#### Sponsorship Levels:

- \$50/mo. Macaw/Large Cockatoo     \$25/mo. African Grey/Amazon/Eclectus  
 \$15/mo. Conure/Parrotlet         \$10/mo. Cockatiel/Budgie/Lovebird  
 I wish to remain anonymous. Do not print my name on the Sponsorship list.  
 I am unable to give a monthly donation, but I would like to help with a one-time donation of \$\_\_\_\_\_.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_ E-mail: \_\_\_\_\_

Make check payable to PEAC and mail with the registration form to  
 PEAC, P.O. Box 600423, San Diego, CA 92160.

## PEAC MEMBERSHIP DISCOUNTS

Check it Out! The following companies are supportive of PEAC's work and have graciously offered to give PEAC members a discount on items ordered from them.

**Advanced Avian Designs, Inc.**  
888-408-4967 - 10%

**Artistic Avian Accessories**  
209-748-5631 - 10%

**Avian Antics**  
734-782-5270 - 10%

**Avian Gourmet**  
1-888-88-AVIAN  
www.aviangourmet.com - 10%

**AviTech, Inc.**  
1-800-646-BIRD - 10%

**Bell Plastics**  
1-800-235-8265 - 20%

**Birds by Donalee**  
520-574-7290  
www.birdsbydonalee.com - 10%

**Charlie Macaw**  
Companion Birdwear  
800-704-3003  
PEAC member price: \$19.50

**Featherwear**  
925-280-9666 - 10%

**Feathered Follies - 10%**  
www.feathered-follies.com  
925-681-2473

**Firefly Studios**  
800-777-9242 - \$2 off shirts

**Freeway Enterprises**  
Home of the Birdie Play Stand  
707-678-9065 - 10%

**Grey Feather Toy Creations**  
www.GreyFeatherToys.com  
866-355-5904 - 5%  
(must use discount code: PEAC)

**Hidden Forest Art Gallery**  
Fallbrook, CA  
www.gaminiratnavira.com - 10%

**Manzanita Avenue**  
**Fred Bird & Company**  
530-347-6339 - 10%

**Noah's Kingdom**  
1-800-662-4711 - 10%

**Parrot Island**  
952-928-9985  
888-9PARROT (Orders only)  
www.parrotislandinc.com - 10%

**Premium Pet Kitchen**  
1-800-945-2451  
20% off first order

**Puppy Paws**  
www.puppypaws.com  
Coupon Code: PEAC - 15%

**The Purring Parrot - 10%**  
619-223-2326  
www.thepurringparrot.com

**Rose's Pet Emporium**  
888-418-2269  
www.rosespet.com - 10%

**Scooterware**  
914-255-MOON  
www.scooterware1.com - 10%

**Southern Cross**  
941-283-3037 - 10%

**Sunrise Solutions/Hide N Sleep**  
303-469-4217 - 10%

**White Wing Farms**  
360-942-3669  
25% (write "PEAC member discount" on order form)

**San Diego Stores**  
**Feathers** - San Marcos  
**Birdland** - North Park  
**The Purring Parrot** - Point Loma  
20% discount for 1st time boarders

**Cleveland Area Store**  
Pet Paradise - Willoughby

**Anchorage Area Store**  
**Alaska Mill & Feed**  
10% discount on companion bird food, toys, supplies, etc.

**Costa Rica**  
**Laguna del Lagarto Lodge**  
25% off prevailing room rates.  
www.lagarto-lodge-costa-rica.com

**BEAK TO TAIL**

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P.O. Box 600423

SAN DIEGO, CA 92160-0423



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## Upcoming Events

March 18, 2010

Basic Care/Lifestyles  
(Anchorage)

March 21, 2010

Parrot Personalities/Behavior Problems  
(San Diego)

May 18, 2010

Feather-Destructive Behavior and  
Toy-Making Workshop  
(Anchorage)

July 31, 2010

Barbara Heidenreich Conference  
(San Diego)